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**Promoting LGBTQIA+ Inclusion:
Educating Against
Intolerance and Discrimination**

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FINAL REPORT OF ACTIVITY 2

**Workshops with Trainers: Collaborating
Towards a Prejudice-Free Society**



TABLE OF CONTENTS

Table of Contents.....	2
1. Description of the event.....	3
2. Agenda of the event.....	3
3. Questionnaire Findings.....	4
5. Photos.....	9



1. DESCRIPTION OF THE EVENT

Instituto Ikigai conducted the workshop on March 14th. The main aim was to raise awareness and promote inclusion within the LGBTQIA+ community. The workshop consisted of a series of interactive sessions covering key topics such as gender and sexual diversity, sexually transmitted infections (STIs), inclusion, and well-being within LGBTQIA+ communities. The workshop was designed to combine theory with engaging activities, including a Kahoot game, Mentimeter polls, and group discussions. The workshop was led by an educator from SOMOS, who specializes in LGBTQIA+ advocacy and education, with a focus on promoting inclusion and sexual health awareness. Thanks to his experience and the materials developed by SOMOS during the first activity, the presentation was of high quality and attractive to young people.

2. AGENDA OF THE EVENT

09:45 - 10:00 Welcome & Introduction
<ul style="list-style-type: none">• Participate in a kahoot to assess your general knowledge of the LGTBIQ+ community• Opening remarks and objectives of the session• Brief introduction to the topics and speakers
10:00 - 10:45 Understanding the LGTBIQ+ Community and Key Social Issues
<ul style="list-style-type: none">• Icebreaker Activity: Kahoot! Quiz• Engaging quiz to introduce key concepts in a fun way• Overview of affective-sexual and gender diversity• Discussion on key social challenges faced by the LGTBIQ+ community• Q&A session
10:45 - 11:30 Sexually Transmitted Infections (STIs): Prevention & Treatment



<ul style="list-style-type: none">• Interactive Activity: Mentimeter Live Poll• Participants share their initial thoughts on STIs, prevention, and common misconceptions• Overview of the most common STIs• Modes of transmission and symptoms• Available healthcare resources and preventive strategies
11:30 - 11:45 Coffee Break
10:45 - 11:30 Sexually Transmitted Infections (STIs): Prevention & Treatment
<ul style="list-style-type: none">• Strategies for promoting diversity and inclusion in different environments• Best practices for addressing LGTBIQ+ health and well-being• Interactive discussion on real-life scenarios
12:30 - 13:15 Sexual Health and Diversity in Different Sectors
<ul style="list-style-type: none">• Exploring ways to integrate diversity and inclusion in educational, healthcare, and workplace settings• Group discussions
13:15 - 13:30 Closing & Reflections
<ul style="list-style-type: none">• Summary of key takeaways• Final Q&A and participant feedback

3. QUESTIONNAIRE FINDINGS

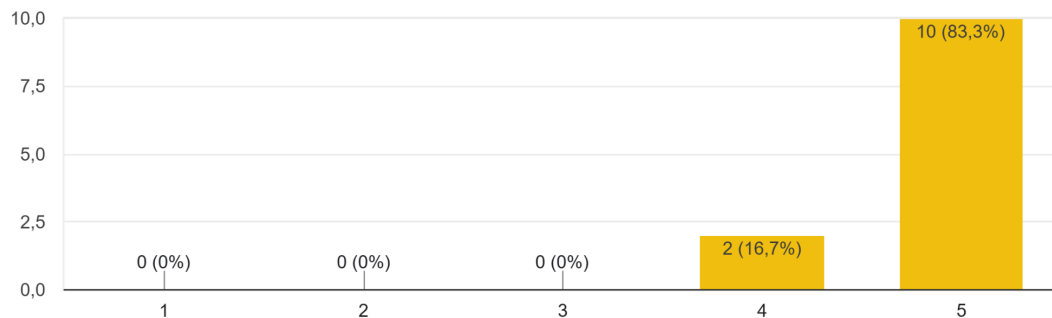
To evaluate the effectiveness of the workshop and measure participant satisfaction, we collected the feedback through surveys. The responses provided valuable insights into the participants' overall experience, the quality of the content presented, and the impact of the interactive activities. The questionnaire contained 6 questions, including 1 open-ended question. In other questions, the participants were asked to evaluate certain statements according to their feelings.



In the workshop, 15 people participated, and we received 12 responses to the evaluation questionnaire. The results are presented below.

New LGTBIQ+ concepts

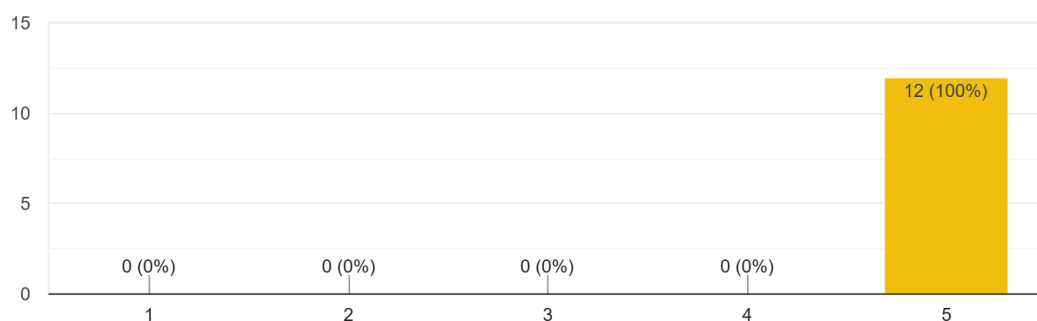
He aprendido conceptos nuevos sobre la comunidad LGTBIQ+
12 odpowiedzi



Participants were asked to mark, on a linear scale, how much they agreed with the sentence stating that they had learned new concepts about the LGTBIQ+ community. 83.3% (10 participants) marked that they strongly agree (rating 5), while 16.7% (2 participants) marked that they somewhat agree (rating 4).

Freedom of expression

Se me ha dado la oportunidad de expresarme libremente y sin censura
12 odpowiedzi



The next aspect was freedom of expression. Participants were asked how much they agreed with the statement: "I have been

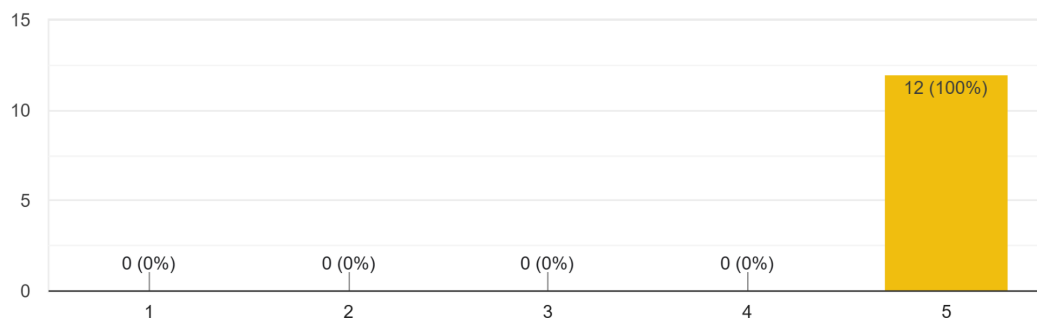


given the opportunity to express myself freely and without censorship.” 100% of them responded that they agreed. The workshops included discussions and participants were encouraged to share their opinions. The survey responses indicate that they felt it was a safe space without judgment.

Respectfulness

Me he sentido respetada/o/e tanto por mi forma de ser como por mis opiniones

12 odpowiedzi



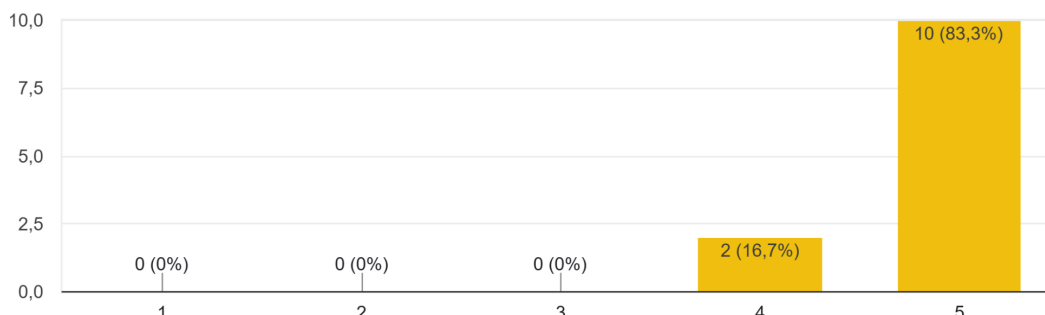
Due to the sensitivity of the topic, the questionnaire contained the following statement: “I have felt respected both for who I am and for my opinions.” 100% of participants marked that they totally agree (rating 5) with this, which assures us that the workshops created a non-discriminatory environment.



Attractiveness of the activity

Me he divertido durante las actividades

12 odpowiedzi



The next statement participants were asked to rate was, “I had fun during the activities.” 83.3% (10 participants) totally agreed (rating 5), while 16.7% (2 participants) somewhat agreed (rating 4). This evaluation showed that the format of the activity was attractive to young people.

Feedback

Next question was open-ended: “You can add any comments you would like to make about today’s activities here”. We have received 4 answers, all of them are listed below:

- I really enjoyed the activity and learned a lot. There should be more activities on this topic – for people of all ages
- Very interesting
- Very interesting and innovative content
- Everything was great, I really enjoyed it, and I learned a lot as well

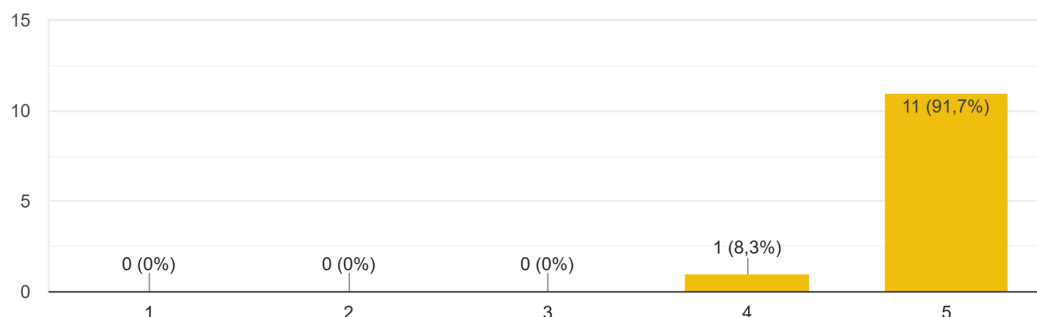
Those answers assured us that both the content and the format of the workshops were appropriately tailored to the needs of young people.



General level of satisfaction

A nivel general, ¿cómo valoras las actividades en las que ha participado?

12 odpowiedzi



As a final question, participants were asked to rate the activities overall. 91.7% (11 participants) rated them as 5, while 8.3% (1 participant) rated them as 4. These ratings indicate that the overall level of satisfaction was very high and that participants enjoyed the workshop.

4. CONCLUSION

The workshop was highly successful, with participants engaging actively throughout the sessions. They were eager to take part in discussions and showed interest in the topics covered. The content presented was new and intriguing for them, offering valuable knowledge that they found both interesting and informative. Through this format, participants were able to gain a deeper understanding of key topics such as gender and sexual diversity, as well as sexual health. Feedback received during the workshop, as well as in the post-session questionnaires, was very positive, highlighting the importance of continued education not only on LGBTQIA+ issues but also on sexual issues in general.



5. PHOTOS



